

Pole Artistic Hungary 2024

Regulations

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General Information

About the Organizers

The Pole Artistic Hungary competition is organized by the Arts for Pole Sport Foundation (MaRa). The Foundation was established in 2022 to support those interested in pole sport and competitors by organizing competitions, workshops, camps and other events. The founder is Barbara Palmaffy, the main organizer of the Pole Artistic Hungary competition, which has been organized since 2015.

About the competition

Pole Artistic Hungary is an international and national independent competition that focuses on artistic self-expression and theatrical performance. The competition is open to competitors of all nationalities and representing any school, studio or organization, as well as individual applicants. The competition is a single round with 4 levels in 6 main categories. We are waiting for entries for the competition in Pole Art, Glamour and hoop performances.

Venue & Date

The competition will be held at Marczibányi Square Cultural Centre (1022 Budapest, Marczibányi tér 5/a.) on 4-5 May 2024. The event will take place on both days, throughout the day, the exact schedule will be communicated later, depending on the number of applicants.

Terms and Conditions

- Competitors enter in the relevant age category. Parents of competitors under the age of 18 must accept parental consent on the application form.
- The competitor must have a medical certificate of health valid for the entire duration of the competition or insurance (optional).
- All participants must be familiar with and accept the terms and conditions of the competition.
- Before and throughout the competition, it is forbidden to drink alcohol, to take or use psychotropic drugs, to take or use prohibited performance enhancers such as steroids. Any violation of this rule will result in immediate disqualification.
- The entry fee and music must be paid / submitted by the contestant within the deadline.

Application

- The application is done online, which can be accessed at the following link:
 - Pole Art & Glamour: <https://forms.gle/wiYUrKfCjrL6dFwo9>
 - Hoop: <https://forms.gle/w3JzRqxmB3cwt7uv5>
- The application deadline is February 25, 2024.
- In addition to the application form, a link with the video of the introductory performance must be sent via email to **poleartistichungary2015@gmail.com**, also by February 25, 2024.
- By completing the application form, applicants agree to the Organizer's terms and conditions and the general rules described below.

Participation fees

1. 24.500 HUF – individual adult
2. 18.500 HUF – individual junior
3. 29.000 HUF – all duos
4. 12.500 HUF/person – X
5. 15.000 HUF – parapole

The fee must be paid by bank transfer no later than midnight on March 17, 2024 as follows:

Beneficiary: Arts for Pole Sport Foundation

Bank: 11742049-21466931

IBAN: HU16-11742049-21466931-00000000 (for payments from abroad)

Description: ALAPITVÁNYI TÁMOGATÁS (meaning “donation for the foundation”) – Full name of the competitor

Music

The use of a combination of several songs is allowed if the final music forms one unit. It can be performed by a singer or instrumental.

Until April 28, 2024, music must be sent via email in MP3 format and must be presented on a USB stick at registration on the day of the competition. Please don't forget to take your USB sticks with you at the end of the competition!

Qualification

You must qualify for the competition by submitting a video via email. It can also be recording of an earlier competition. Video submission deadline: February 25, 2024.

Email: poleartistichungary2015@gmail.com. The Organizers will announce the finalists by March 3, 2024.

The Organizers will select 5 reserve participants in each category in case any of the participants cancel their participation due to injury or health problem. If necessary, the Organizers will notify the reserve participant by email.

Rules and expectations regarding the video:

- The video shall be well lit with the performer and pole(s) clearly visible.
- The video must not feature anyone other than the applicant.
- The video must be at least 1 minute long, except for competition videos.
- The Organizer does not pay royalties for the video and music.
- The Organizer is not responsible for reproduction cases or any complaints regarding the video. These are forwarded to the applicant.

Important dates

- Application deadline (for sending application form and video): February 25, 2024 midnight.
- Publication of the list of participants who are admitted to the final: until March 3, 2024.
- The deadline for submitting the entry fee is March 17, 2024.
- Music submission: April 28, 2024.
- The final of the competition will take place on May 4-5, 2024.

Doctor's certificate

All performers must have a valid medical certificate on the day of the event to ensure that they are healthy and their body can be loaded. The medical certificate can be substituted by insurance.

Medical services during the competition

Medical service will be available throughout the event in case of emergencies.

Scoring

Applicants will be assessed on the basis of the following criteria:

- Technical part – Proper demonstration of tricks, safe use of the pole and floorwork, strength and flexibility.
- Artistic effect – Expressiveness, stage presence, costume, creativity, fluidity of connections, floorwork, harmony between music and costume, choreography.
- In the case of duos, the synchronicity of tricks and combinations is also evaluated.

The judges will score the contestants according to scorecards (see later). Each jury member fills out a separate scorecard for each performance, and then the scores awarded by all judges are added together to form the final result.

- The competitors with the highest points will win 1st, 2nd and 3rd places.
- The judges may stop the contestant at any point during the performance if the contestant's health is in danger, there are safety issues or if the contestant does not follow the rules.
- Jury members are not obliged to explain the score they make. The jury members decide the final result.
- The winners will be announced 30 minutes after the end of the final.
- Before and during the competition, competitors are not allowed to contact the judges.

Exclusion

The jury may disqualify the contestant for the following reasons:

- Revealing intimate body parts. (Men's torso is allowed to be naked.)
- Vulgar behaviour during the performance.
- Racist or intolerant behaviour towards contestants, competition, jury or the Organization during, before or after performance.
- Interruption of the performance except in the event of a problem with the pole or stage, or an accident.
- It is not allowed to use liquid and fire.
- It is forbidden to use lotions, balms, other creams that can make the bar slippery for other competitors.
- False information on the application form.
- Unsportsmanlike behaviour or manifestation.
- Publicly stated manifestation of prejudice against the competition or pole dancing.
- Public bias against sponsors, jury members or other participants.
- Challenging the jury's decision.
- Usage of drugs.

Refund

- If the contestant cancels their entry up to 5 weeks before the date of the event (until March 30, 2024), 50% of the amount paid will be refunded.
- If the contestant does not attend the competition, the paid entry fee will not be refunded.

Other rules

- Hairstyle or accessories should not interfere with the performance.
- Bio tattoos, henna tattoos, body painting, make-up are allowed as long as they do not contaminate other competitors, the stage or the pole/hoop.
- Contestants may wear jewellery on stage at their own risk.
- Competitors must be available for photography or video recording throughout the competition and authorize the Organizers to use them by applying.
- At the time of the announcement of the results, all competitors must appear on stage in the costume, makeup and hairstyle they wear during the competition.
- Contestants are not allowed to contact the jury members during the competition.
- The decision of the jury is irrevocable.
- The performance can be repeated only for the following reasons:
 - If there is a technical problem beyond the control of the participant.
 - If there is a technical problem with the music.
- The jury always makes its final decision based on the repeated performance.
- List of anti-slip materials accepted during the competition: Dry Grip, Dry Hands, Mighty Grip, Ebonite, Itac, Liquid Chalk, Mammoth.
- The Organizers have the right to record the competition (audio and video) and distribute it at their discretion. They are also allowed to delete videos or photos that don't have inappropriate content.
- The Organizers reserve the right to change the rules and regulations of the PoleArtistic Hungary competition at any time.
- The Organizers are not responsible for items lost by competitors on the competition day.

Pole Art

Levels

The competition will be announced in three levels. The Organizers reserve the right to reclassify between levels based on the qualification video and the application form.

Beginner / Amateur

This category is open to applicants who

- have been practicing this sport for 1-2 years,
- don't teach pole sports and their choreography doesn't have handspring and deadlift,
- have not yet participated in an international competition.

Advanced / Semi-Pro

This category includes those who

- have been pole dancing for 2-5 years,
- did not achieve 1st-3rd place in the Elite (or Professional) category in a national/international competition,
- do not teach pole dance.

Handspring and deadlift are allowed in the choreography.

Professional

This category is open to those who

- are Pole fitness trainers – only trainers can apply in this category, so 18+!
- have not achieved 1st-3rd places in international and national competitions in Elite or Professional (abroad Semi-Pro) categories, but have high level knowledge. (Those who have achieved such results can apply for the Elite category.)
- Knowledge of high technical and flexibility elements is recommended.

Elite

The category of champions. Participants of the Elite category

- They have already reached 1-3rd place in national and/or international competitions.
- There are no restrictions on batteries.

Categories

Amateur beginner

Amateur beginners are competitors who have been practicing this sport for 1-2 years, do not teach pole sport and do not have handspring and deadlift in their choreography.

Music length: min. 3:00 max 3:30.

- Amateur Women's Singles
- Amateur Men's Singles
- Amateur duo

Amateur advanced / Semi-Pro

Amateur advanced competitors have been pole dancing for 2-5 years, have not achieved 1st-3rd place in the Elite (or Professional) category at a national/international competition and do not teach pole dance. Handsprings and deadlifts are allowed in the choreography.

Music length: min 3:10 - max 3:40.

- Semi-Pro Pre-Junior (6-8 years) music length: min. 1:50 - max 2:30
- Semi-Pro Junior I. (8-13 years) musical length: min. 2:30 - max. 2:50
- Semi-Pro Junior II (14-17 years)
- Semi-Pro Women's Individual
- Semi-Pro Men's Individual
- Semi-Pro duo
- Semi-Pro Master 40+
- Master 50+ (Semi-Pro - Elite mix)

Professional

Participants in the Professional category can be trainers only. They did not achieve 1st-3rd place in international and national competitions in Elite or Professional (abroad Semi-Pro) categories, but they have high level knowledge. Knowledge of high level technical, flexibility elements is recommended.

Music length: min 3:30 - max 3:50.

- Men's and women's singles

Elite

The category of champions. The participants of the elite category have already reached 1-3rd place in national and/or international competitions. There are no restrictions on batteries.

Music length: min. 3:30 max. 3:50.

- Junior I. – 8-13 years
- Junior I. Duo
- Junior II. – 14-17 years
- Junior II. Duo
- Elite Women's Singles
- Elite Men's Singles
- Elite duo
- Master 40+ Pro
- Master 50+ (Semi-Pro - Elite mix)

Category X Kids / Adults

Groups of minimum 3, maximum 8 people.

The 2 poles should be used simultaneously for a minimum of 10 seconds with a pose or synchronous combination held at least once.

The use of static and/or spinning pole is optional. Each team must take care of setting the poles themselves just before they perform. It is necessary to discuss the needs with the Organizers in advance.

Music length: min. 4:00, max 4:30 min.

- Category X Kids (6-17 years)
- Category X Adult (18+)

Just Dance (Single kid, adult)

Just Dance is for those who want to express most of their choreography through dance.

Here it is important that the freely chosen style should be self-expressive and definitely have some connection with the pole. The contestant can use creative solutions that can be executed on the pole safely. It is not mandatory to present elements on the pole, but a maximum of 3 tricks is allowed.

Music length: Semi-Pro min. 3:10 - max. 3:40

Professional: min. 3:30 - max. 3:50

We launch single and duo subcategories in each category. For duos, mixed doubles are also possible. Age is calculated based on the years reached on the day of your performance. If competitors in a duo or group are classified differently based on their age, the category will be determined on an individual basis.

For single competitors, choreography and pole tricks must be performed 40-40% on the static and spinning poles and 20% on the floor. For duos, the use of poles is freely chosen. It is possible to use 1 static and 1 spinning, 2 static or 2 spinning poles.

Stage

2 poles, diameter 45 mm, height 4 m. The distance between the two poles in a single line is 3 m, 2 m from the end of the stage. Standing opposite the stage, the left pole is static. Competitors will have the opportunity to test the poles and the stage at the scheduled rehearsal time.

Pole Art Scorecard

Points to obtain (max)	
Personification of the character / concept - Manner of presentation	10
Emotional & artistic expression	10
Body language of emotional / artistic communication in the whole choreography	10
Musical sensitivity with the character - musicality	10
Consistency with the character / theme, creativity of the costume	10
Clear movements / elements in the whole choreography	10
Lines (stretched through body parts)	10
Dynamics / flow	10
Choreography (technical structure) in the whole performance	10
Intensity of the person from the top till the end	10
Only for duos: Synchronism	10
Extra bonus (explanation is required, optional)	5
Penalty points (max)	
Adjustment of the costume or problem with the costume	-3
Slip or loss of balance	-3
Fall off the pole	-6

Classy Glamour

Introducing Classy Glamour

The Classy Glamour category is an international competition, the name and symbolism of which were copyrighted by Barbara Palmaffy, the main organizer of the competition.

This category is a genre that emphasizes the more feminine side of performing arts. Preference is given to anyone who can combine the world of dance, showgirl, revue or burlesque with the pole, enrich their performance outfit with their creative ideas, or ingeniously combine dance moves and combinations on stage. This category will be awarded separately in the competition. Only 18+ competitors can enter this category.

- The choreography must be performed in dance shoes with high heels and platform.
- The emphasis is on femininity.
- The ratio of dance and pole elements should be combined in accordance with the specific exotic style.
- Different exotic styles are rated in one category, but on a different scoring sheet than the other categories.
- The parameters of the stage are the same as described in the Pole Art section.

Levels

Advanced / Semi-Pro

Participants in the advanced / Semi-Pro category already have exotic experience (e.g. pole dancing in a studio). Intermediate knowledge of technical and flexibility elements is recommended.

Music length: 3:10 - 3:40 min.

- Semi-Pro Female, Semi-Pro Male

Professional

Participants of the Professional category already have stage experience. Knowledge of high technical and flexibility elements is recommended.

Music length: 3:30 - 3:50 minutes.

- Professional Women's, Men's Single
- Professional duo

Glamour Scorecard

Points to obtain (max)	
Manner of Presentation	10
Fluidity / Elegance	10
Musical Sensitivity	10
Stage Presence	10
Flexibility	10
Floor Confidence	10
Costume-Hair-Make up	10
Usage of Platform	10
Pirouets' Stability	10
Quality of Bodywaves / Isolation	10
Quality of Floorwork	10
Quality of Jumping off / Floor Arrival	10
Quality of Pole Elements (no required level or quantity!)	10
Only for duos: synchronism	10
Extra bonus (explanation is required, optional)	5
Penalty points (max)	
Cleaning of hands	-3
Naked or Sexual Movement	-3
Costume Alignment / Problem with Costume	-3
Slip or Loss of Balance	-3
Falling off from the Pole	-6

Aerial hoop

Theatre on hoop too!

The Pole Artistic Hungary Competition also opened its doors to aerial hoops. We are looking forward to receiving applications from all those who would like to present their artistic side on this tool as well!

The Pole Artistic Hungary Competition continues to put greater emphasis on artistic expression and creativity in addition to purely executed elements. For us, the use of the stage plays an important role also in the hoop category. It is recommended to apply the assembled elements in the choreography in a distribution of 60% of the hoop and 40% of the floor. However, in a tie final, it is the performance style that decides against the technical elements. We recommend to tell a story and/or use emotional expression boldly and richly. The floor elements are not bound, they can be freely chosen regardless of the category. The involvement of other participants is allowed, the use of any extra equipment is allowed, but the hoop can only be used and touched by the competitor. Extra equipment needs must be agreed with the Organizer at the time of application. Our recommendation is to create a creative 'theatrical' performance that provokes any emotional reaction. Create theatre in the hoop category as well, dare to play with us!

Scoring is based on the scorecard indicated in the Pole Art section.

Levels

Beginner

- Beginner allowed music length: 2:30 - 3:00 minutes.
- Pre-Junior allowed music length: 1:50 - 2:15 minutes.
- Prohibited items:
 - Toe / heel hanging
 - Salto
 - Neck hanging
 - Falls
- In the flexibility elements, the angle of split is not defined.
- Duo: minimum 3 lifts (hold/lift).
- Maximum allowed (but not mandatory!) acrobatic element on ground: 2 pcs.
- Further filling of the ground part is recommended by dancing.

Intermediate

- Allowed music length: 3:00- 3:30 minutes.
- Forbidden element: fall from top arc to bottom.
- In a flexibility element, the angle of split is at least 160 degrees.
- Allowed connection of dynamic elements: 1.
- Duo: minimum 5 lifts (hold / lift).
- Maximum allowed (but not mandatory!) acrobatic elements on the ground: 3 pcs.
- Further filling of the ground part is recommended by dancing.

Elite / Professional

- Pro: Only coaches can enter this category. However, the regulations for the Elite and Pro categories are identical. The difference is only to respect the participants, so that a trainer does not compete with a student.
- Elite: the highest level among all categories. There are no restrictions between elements, there are no prohibited elements.
- No one who teaches hoops can enter the Elite category.
- Allowed music length: 3:30 - 4:00.
- Split angle min. 180 degrees.
- Duo: min. 7 lifts.
- Allowed (but not mandatory!) acrobatic elements on the ground are unlimited, but high-level execution of dance elements is strongly recommended.

Categories

- Pre-Junior (6-9 years)
- Beginner: Junior I. (10-12 years), Junior II. (13-14 years), Junior III. (15-17 years), Adult.
- Semi-Pro: Junior I. (10-12 years), Junior II. (13-14 years), Junior III. (15-17 years), Adult.
- Professionals: Only trainers.
- Elite: Junior I. (10-12 years), Junior II. (13-14 years), Junior III. (15-17 years), Adult.
- Duo: beginner, Semi-Pro, Professional, Elite.

The Organizers reserve the right to update the Regulations.

We wish to all our competitors a successful preparation!

Contacts

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